

MIGHTY MEALS MENU 2026

Great school lunches designed to **help young people grow and thrive** in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

Churwell Primary School

N4 Week ONE

W/C 01/09/26, 21/09/26, 12/10/26, 02/11/26,
23/11/26. 14/12/26. 04/01/27. 25/01/27



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Frankfurter Pizza (V)(H) Jacket Wedges Fresh Salad	Beef Spaghetti Bolognese	Chicken Shawarma Wrap Sunshine Rice	Roast Gammon Ham Yorkshire Pudding Roast & Mashed Potato Gravy	Battered Fish (H) Chips
Meat Free	Margherita Pizza (V)(H) Jacket Wedges Fresh Salad	Cheese and Bean Wrap (V)(H) Herby Diced Potatoes	Mixed Pepper Omelette Jacket Wedges	Vegetarian Sausage (VE)(H) Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Vegetarian Meatballs in Homemade Tomato and Herb Sauce (V)(H) Chips
Deli	Egg Mayonnaise Bap (V)(H) Homemade Jacket Wedges	Ham and Tomato Panini Herby Diced Potatoes	Tuna Bap (H) Jacket Wedges	Hot Roast Gammon or Vegetarian Sausage Bap(V)(H) Roast Potatoes	Cheese and Red Onion Panini (V)(H) Chips
Spud Station	Hot Pasta Pot with Homemade Tomato, Cheese and Herb Sauce (V)(H)	Jacket Potato with Baked Beans (VE)(H)	Jacket Potato with Cheddar Cheese (V)(H)		Hot Pasta Pot with Homemade Tomato and Herb Sauce (V)(H)
Desserts <small>Fresh Fruit & Yoghurt available daily.</small>	Ice Cream with Toffee Sauce & Peaches	Pineapple Sponge with Creamy Custard	Cherry & Coconut Flapjack Bite with Fresh Fruit	Fun Fruit Thursday	Cheesecake Bite topped with Mandarin Oranges

In addition to hot meals your child can choose:



Filled fresh Soft Bap or Tortilla Wrap with side.



Oven baked Jacket Potato with side.



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N4 Week TWO

W/C 07/09/26, 28/09/26, 19/10/26, 09/11/26, 30/11/26,
11/01/27. 01/02/27



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Margherita Tortilla Pizza (V)(H) Homemade Jacket Wedges	Chicken Pie Mashed Potato	Chicken Tikka Masala Curry Rice	Roast Pork Yorkshire Pudding Roast Potatoes Seasonal Vegetables Gravy	Crispy Salmon Fillet (H) Tomato Ketchup Chips
Meat Free	Creamy Coconut Chickpea Curry (V)(H) Rice	Vegetarian Sausage (VE)(H) Mashed Potato	Mediterranean Pasta Bake (V)(H)	Vegetarian Grill (VE)(H) Yorkshire Pudding Roast Potatoes Seasonal Vegetables Gravy	Vegetarian All Day Breakfast (V)(H)
Deli	Cheese & Coleslaw Bap (V)(H) Homemade Jacket Wedges	Tuna Mayonnaise Panini (H) Baby Baked Potatoes	Cheese Savoury Wrap (V)(H) Herby Diced Potatoes	Hot Roast Pork or Vegetarian Grill Bap (V)(H) Roast Potatoes	Fish Finger Butty Chips
Spud Station	Hot Pasta Pot with Homemade Tomato and Basil Sauce (V)(H)	Jacket Potato with Cheddar Cheese (V)(H)	Cold Tuna Crunch Pasta Pot (H)		Jacket Potato with Baked Beans (VE)(H)
Desserts	Chocolate Sponge with Chocolate Sauce	Apple Flapjack Bite with Fresh Fruit Wedges	Fun Fruit Wednesday	Cheddar Cheese with Crackers & Grapes	Shortbread Cookie with Fresh Fruit Wedges

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Filled fresh Soft Bap or Tortilla Wrap with side.



Oven baked Jacket Potato with side.



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N4 Week THREE

W/C 14/09/26, 05/10/26, 16/11/26, 07/12/26, 18/01/27,
08/02/27



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Margherita Flatbread Pizza (V)(H) Homemade Jacket Wedges	Chicken Curry With Rice	Beef Shepherd's Pie	Pork Sausage Yorkshire Pudding Roast & Mashed Potato Seasonal Vegetables Gravy	Fish Fingers (H) Chips
Meat Free	Vegetarian Lasagne (V)(H) Crusty Bread	Super Five Pasta Bake with Homemade Garlic Bread (V)(H)	Crispy Vegetarian Dippers (V)(H) Diced Potatoes	Vegetarian Sausage (VE)(H) Yorkshire Pudding Roast & Mashed Potato Seasonal Vegetables Gravy	Sticky Quorn Wrap (VE)(H) Chips
Deli	Egg Mayonnaise Bap (V)(H) Homemade Jacket Wedges	Savoury Cheese Wrap (V)(H) Baby Baked Potatoes	Ham Bap Diced Potatoes	Pork Sausage or Vegetarian Sausage Bap(V)(H) Roast Potatoes	2 Cheese Mix Panini (V)(H) Chips
Spud Station	Jacket Potato with Cheddar Cheese (V)(H)	Cold Tuna and Sweetcorn Pasta Pot (H)	Jacket Potato with Tuna Mayonnaise (H)		Jacket Potato with Baked Beans (VE)(H)
Desserts	Frozen Strawberry Yoghurt with Berry Sauce	Custard Cream Traybake Fresh Fruit Wedges	Mini Ring Doughnut with Chocolate Ice Cream	Jelly with Fresh Fruit Salad	Ginger Cookie Fresh Fruit Wedges

In addition to hot meals your child can choose:



Filled fresh Soft Bap or Tortilla Wrap with side.



Oven baked Jacket Potato with side.

